

1. Scripture

1. Tell that the Bible is made up of two sections: The Old Testament (*before Jesus' birth*) and the New Testament (*after Jesus' birth*).
2. Recognize that the readings at Mass come from both the Old and New Testaments in the Bible.
3. Recall selected Bible stories from the Old Testament, and forgiveness and miracle stories about Jesus from the New Testament.
4. Know about the Ten Commandments and how we received them, and relate how they help us love God and others.
5. Know that the Gospels are part of the New Testament and are about the life and teachings of Jesus.
6. Retell the story of Passover and the Last Supper.
7. Know that the four Gospel writers are Matthew, Mark, Luke, and John.

2. Creed

1. Tell that we know that God is a Trinity of three Persons: the Trinity: God the Father, God the Son (Jesus Christ), and God the Holy Spirit.
2. Describe the Holy Spirit as our helper sent to us by God to always live in our hearts.
3. Tell that sin is choosing to do wrong, displeases God, and hurts others, and us.
4. Know that God the Father loves us even when we have sinned.
5. Explain the difference between Original sin, Mortal (serious) sin, and Venial (less serious) sin.
6. Identify the Life, death, and Resurrection of Jesus as the source of the forgiveness of sins and our salvation.
7. Understand that we receive the Body and Blood of Jesus when we receive the Holy Eucharist.
8. Know that at Mass we gather to listen to God's Word, celebrate what Jesus has done for us, and receive his gift of the Eucharist, his Body and Blood.
9. Understand that Mary is the model for all Christians because she was always close to God and said "yes" to God with faith and trust.
10. Know that the Feast of All Saints (November 1) celebrates all people who belong to the Communion of Saints, both in heaven and on earth.

3. Worship & Sacraments

1. Actively participate in the Mass.
2. Know that during the Last Supper (Holy Thursday) Jesus changed the bread and wine into his Body and Blood.
3. Know that the Last Supper was the first Mass that Jesus celebrated with the Apostles the night before he died.
4. Understand that the Eucharist, which is the Real Presence of Jesus, nourishes and strengthens us to follow Jesus.
5. Recognize that the Mass has two main parts: Liturgy of the Word and Liturgy of the Eucharist.
6. Know that through the sacraments, Jesus shares his divine life with us, which is called *grace*.
7. Recognize that Baptism is the first sacrament.
8. Know that when we choose to do wrong and fail to do good, we have sinned against God whom we should love above all things.
9. Know that through the sacrament of Penance/Reconciliation, we express sorrow for our sins, receive God's forgiveness through the priest, and are reconciled with God and the people of the Church.
10. Know that everyone must receive the sacrament of Penance/Reconciliation before receiving First Communion.
11. Receive the sacrament of Penance/Reconciliation.
12. Receive First Communion

4. Christian Morality

1. Understand that the Ten Commandments reveal what is right.
2. Know that the great commandment of Jesus: "Love God with all your heart, mind, and all your soul, and love your neighbor as you love yourself." summarizes the Ten Commandments.
3. Examine their consciences in the light of the Ten Commandments.
4. Know that the sacrifice of Jesus on the cross re-presented in the Mass is the source of the forgiveness of our sins.
5. Know that sin is choosing to do wrong, that it displeases God, and hurts us as well as others.
6. Know that when we sin and we are sorry for what we have done, we can always be forgiven. With the help of God's grace and the sacrament of Reconciliation, we can begin again to follow Jesus and do what is right.

5. Prayer & Spirituality

1. Recite an Act of Contrition.
2. Participate in the rosary.
3. Describe how prayer is important to their relationship with God.
4. Compose a personal prayer.
5. Know that the Lord's Prayer was given to us by Jesus.
6. Know that God hears their prayers.
7. Express their love for Jesus and Jesus' love for them through the reception of the sacraments of Reconciliation and Eucharist.
8. Participate in a guided examination of conscience.
9. Know that we can ask Mary and the saints to pray for us, especially in times of need or temptation.
10. Describe that we gather as a Catholic family at Mass to celebrate the Life, Death, and Resurrection of Jesus.
11. Indicate that the sacrament of Penance/Reconciliation is a way to say we are sorry for our sins and to receive God's forgiveness.
12. Know that the Mass is our greatest prayer.
13. Understand that Jesus is our model of love and goodness.
14. Respect others and ourselves as a gift from God.
15. Name and thank God for the gifts that he has given them.

6. Community Service

1. Learn that Mary became the Mother of God through the Annunciation.
2. Realize that once they have received First Communion, they participate more fully as members of the Christian community.
3. Be familiar with Gospel stories where Jesus and his followers demonstrate love and service to others.
4. Read Gospel stories showing love for others in action.
5. Plan and participate in a service activity.
6. Discuss ways people in our parish provide a life of service to others.